This e-AEROBICS course was developed to guide aerobic exercise prescription after stroke. Currently, persons post-stroke may not receive optimal aerobic exercise interventions due to physiotherapists’ lack of awareness of, access to, or confidence in application of, these best practice guidelines.

The e-AEROBICS has an overall goal of enhancing physiotherapists’ knowledge and self-efficacy regarding application of AEROBICS guidelines in clinical practice.

Four interactive, case-based e-learning modules based on AEROBICS guidelines were developed with input from content experts, and application of adult learning and e-learning principles. This electronic learning course is intended for

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