

Date:

PERFECT Respondent Code:



PERFECT

(Professional Evaluation & Reflection on Change Tool)

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Hi, my name is _____. Today I will be asking you some questions to learn about any changes in your clinical practice and reasons for these changes. First we will start with some general questions.

DEMOGRAPHICS

1. In which age group would you belong to?
21-25 26-30 31-35 36-40 41-50 51-60 Over 60

Gender: M F

Do you work full-time or part-time? Full-time Part-time

Do you host OT students (as part of the student's clinical rotations/training)?

Yes No Maybe

How many years have you been working in mental health? _____

What type of work setting do you work in?

- Acute care Hospital In-patient
- Acute care Hospital Out-patient
- Community Organization
- Private Clinic
- Other _____
- Rehabilitation Outpatient
- Home Care/Home Health Agency
- Rehabilitation In-patient
- Long-term care Facility

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PERFECT Respondent Code:

SECTION 1: PROBLEM IDENTIFICATION

The first seven questions are related to how you identify problems: By that we mean the integration of information collected through chart review, brief interview, screening or clinical observation in order to create a problem list regarding a client's health conditions, impairments, functional status etc.

1a) Think of your clinical practice over the **past six months**, when creating a problem list please describe any changes you have made with respect to how you identify problems?

I. _____

II. _____

III. _____

1b) Now, think of your clinical practice over the **past year**, when creating a problem list, please describe any changes you have made with respect to how you identify problems that you have not already told us about?

I. _____

II. _____

III. _____

*If no changes were mentioned in 1a or 1b, skip to question 1f

1c) Now I want you to think of (*refer to each change listed in 1a or 1b*). What were the reason(s) for this change in practice?

**ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS cue them with: Examples of reasons for change may include having attended a continuing education course, acquired new knowledge from a professional journal, attended a conference, heard suggestions from colleagues, etc.*

Past six months

I. _____

II. _____

III. _____

Past year

I. _____

II. _____

III. _____

Date:

PERFECT Respondent Code:

1d) Now I want you to think of (*refer to each change listed in 1a or 1b*). What, if anything, helped bring about this change?

**ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION cue them with: Some examples of things that may help bring about change are self-motivation, departmental funding, support from supervisor, etc.*

Past six months

- I. _____
- II. _____
- III. _____

Past year

- I. _____
- II. _____
- III. _____

1e) Now I want you to think of (*refer to each change listed in 1a or 1b*). What, if anything, made it difficult to bring about this change?

**ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION cue them with: Some examples of things that may make it difficult to bring about change are lack of departmental funding, busy schedule, lack of support, etc.*

Past six months

- I. _____
- II. _____
- III. _____

Past year

- I. _____
- II. _____
- III. _____

Date:

PERFECT Respondent Code:

1f) Now think about how you have identified problems in the **past year**. Given an ideal world is there anything you would have changed?

I. _____

II. _____

III. _____

*If no desired changes were mentioned in 1f, skip to question 2a

1g) Now think of: (*refer to each change listed in 1f*). What, if anything, would have made it difficult to bring about this change?

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I. _____

II. _____

III. _____

SECTION 2: ASSESSMENT PRACTICES

The next series of questions is related to your assessment practices: By assessment practices we are referring to a process of gathering detailed information about a client and their environment to make informed decisions about intervention.

2a) Think of your clinical practice over the **past six months**, please describe any changes you have made with respect to your assessment practices?

I. _____

II. _____

III. _____

2b) Now, think of your clinical practice over the **past year**, please describe any changes you have made with respect to your assessment practices that you have not already told us about?

I. _____

II. _____

III. _____

*If no changes were mentioned in 2a or 2b, skip to question 2f

Date:

PERFECT Respondent Code:

2c) Now I want you to think of (*refer to each change listed in 2a or 2b*). What were the reason(s) for this change in assessment practice?

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Past six months

I. _____

II. _____

III. _____

Past year

I. _____

II. _____

III. _____

2d) Now I want you to think of (*refer to each change listed in 2a or 2b*). What, if anything, helped bring about this change in assessment practice?

*ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION cue them with: *Some examples of things that may help bring about change are self-motivation, departmental funding, support from supervisor, etc.*

Past six months

I. _____

II. _____

III. _____

Past year

I. _____

II. _____

III. _____

2e) Now I want you to think of (*refer to each change listed in 2a or 2b*). What, if anything, made it difficult to bring about this change in assessment practice?

*ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION cue them with: *Some examples of things that may make it difficult to bring about change are lack of departmental funding, busy schedule, lack of knowledge, etc.*

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Past six months

- I. _____
- II. _____
- III. _____

Past year

- I. _____
- II. _____
- III. _____

2f) Now think about your assessment practices over the **past year**. Given an ideal world is there anything you would have changed?

- I. _____
- II. _____
- III. _____

*If no desired changes were mentioned in 2f, skip to question 3a

2g) Now think of: (*refer to each change listed in 2f*). What, if anything, would have made it difficult to bring about this change?

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- I. _____
- II. _____
- III. _____

SECTION 3: TREATMENT PRACTICES

The next series of questions is related to your treatment practices: *By treatment practices we are referring to interventions aimed at promoting the client's function, modifying their environment, and/or engaging them in meaningful activities.*

3a) Think of your clinical practice over the **past six months**, please describe any changes you have made with respect to your treatment practices?

- I. _____
- II. _____

Date:

PERFECT Respondent Code:

3b) Now, think of your clinical practice over the **past year**, please describe any changes you have made with respect to your treatment practices that you have not already told us about?

I. _____

II. _____

III. _____

*If no changes were mentioned in 3a or 3b, skip to question 3f

3c) Now I want you to think of (*refer to each change listed in 3a or 3b*). What were the reason(s) for this change in treatment practice?

ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS cue them with: *Examples of reasons for change may include having attended a continuing education course, acquired new knowledge from a professional journal, attended a conference, heard suggestions from colleagues, etc.

Past six months

I. _____

II. _____

III. _____

Past year

I. _____

II. _____

III. _____

3d) Now I want you to think of (*refer to each change listed in 3a or 3b*). What, if anything, helped bring about this change in treatment practice?

ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION cue them with: *Some examples of things that may help bring about change are self-motivation, departmental funding, support from supervisor, etc.

Past six months

I. _____

II. _____

III. _____

Date:

PERFECT Respondent Code:

Past year

- I. _____
- II. _____
- III. _____

3e) Now I want you to think of (*refer to each change listed in 3a or 3b*). What, if anything, made it difficult to bring about this change in treatment practice?

ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION cue them with: *Some examples of things that may make it difficult to bring about change are lack of departmental funding, busy schedule, lack of knowledge, etc.

Past six months

- I. _____
- II. _____
- III. _____

Past year

- I. _____
- II. _____
- III. _____

3f) Now think about your treatment practices over the **past year**. Given an ideal world is there anything you would have changed?

- I. _____
- II. _____
- III. _____

***If no desired changes were mentioned in 3f, skip to question 4a**

3g) Now think of: (*refer to each change listed in 3f*). What, if anything, would have made it difficult to bring about this change?

ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION cue them with: *Some examples of things that may make it difficult to bring about change are lack of departmental funding, busy schedule, lack of knowledge, etc.

- I. _____
- II. _____
- III. _____

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SECTION 4: REFERRAL PATTERNS

This last series of questions is related to referrals you make.

4a) Think of your clinical practice over the **past six months**, please describe any changes you have made with respect to referrals to other health professionals, resources, and/or organizations?

I. _____

II. _____

4b) Now, think of your clinical practice over the **past year**, please describe any changes you have made with respect to referrals to other health professionals, resources, and/or organizations that you have not already told us about?

I. _____

II. _____

III. _____

*If no changes were mentioned in 4a or 4b, skip to question 4f

4c) Now I want you to think of (*refer to each change listed in 4a or 4b*). What were the reason(s) for this change in referral practice?

***ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS** cue them with: *Examples of reasons for change may include having attended a continuing education course, acquired new knowledge from a professional journal, attended a conference, heard suggestions from colleagues, etc.*

Past six months

I. _____

II. _____

III. _____

Past year

I. _____

II. _____

III. _____

4d) Now I want you to think of (*refer to each change listed in 4a or 4b*). What, if anything, helped bring about this change in referral practice?

***ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION** cue them with: *Some examples of things that may help bring about change are self-motivation, departmental funding, support from supervisor, etc.*

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Past six months

- I. _____
- II. _____
- III. _____

Past year

- I. _____
- II. _____
- III. _____

4e) Now I want you to think of (*refer to each change listed in 4a or 4b*). What, if anything, made it difficult to bring about this change in referral practice?

**ONLY IF THE PERSON IS UNABLE TO SPONTANEOUSLY RESPOND AFTER A DELAY OF 45 SECONDS OR REQUESTS CLARIFICATION cue them with: Some examples of things that may make it difficult to bring about change are lack of departmental funding, busy schedule, lack of knowledge, etc.*

Past six months

- I. _____
- II. _____
- III. _____

Past year

- I. _____
- II. _____
- III. _____

4f) Now think about your referrals over the **past year**. Given an ideal world is there anything you would have changed?

- I. _____
- II. _____
- III. _____

**If no desired changes were mentioned in 4f, skip to: “Thank you for your time...”*

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4g) Now think of: (*refer to each change listed in 4f*). What, if anything, would have made it difficult to bring about this change?

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I. _____

II. _____

III. _____

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THANK YOU FOR YOUR TIME, WE HAVE NOW COMPLETED THE INTERVIEW

Is there anything else that you would like to tell us?
